EMPOWER
LEADERSHIP CAMPS

2027 INFORMATION PACKAGE

# EMPOWER LEADERSHIP CAMPS

ADVENTURE AWAITS: LEAD, INSPIRE, TRANSFORM.

LEAD, INSPIRE, TRANSFORM LEAD, INSPIRE, TRANSFORM LEAD, INSPIRE, TRANSFORM LEAD, INSPIRE, TR



# WHISTLER 2027

THURSDAY JULY 29 TO SATURDAY AUGUST 7

# WELCOME TO EMPOWER


01. ABOUT US

02. HOW WE EMPOWER

03. PRICES & DATES

04. PAYMENT & OFFERS

05. SAMPLE CAMP FORMAT

06. DAILY OVERVIEW

07. APPLY & REGISTER

08. CAMPER SAFETY

09. TRAVEL LOGISTICS

10. OUR POLICIES

11. THE LODGING

12. THE MEALS

13. PACKING LIST

14. CONTACT US


CAMP DATES

## THURSDAY JULY 29 TO SATURDAY AUGUST 7, 2027

# ABOUT US







## ADVENTURE AWAITS:
## LEAD, INSPIRE, TRANSFORM.

### INTRODUCTION

Welcome to Empower Leadership Camps, located in the breathtaking mountain resort of Whistler, British Columbia. Designed by the expert team at Combo Camps, our program is tailored for teens aged 13 to 17 and features experienced international coaches and business leaders.

Empower Leadership Camps uniquely blend top-notch coach and instructor training courses with the exhilarating adventure of summer camp, delivering an unparalleled leadership camp experience. With two internationally recognized coaching certifications integrated into our dynamic and socially engaging adventure program, we provide the ultimate opportunity for teens to develop essential leadership and life skills while having the summer camp experience of a lifetime!

### OUR MISSION

Our campers will learn to lead and manage small groups, inspire others to reach their potential, set goals, and communicate effectively in a dynamic social environment, all while prioritizing safety and accountability.

By combining comprehensive training with thoughtfully designed social and adventure-based programming, we create a one-of-a-kind transformative leadership experience that equips teens with the essential skills and confidence they will need and use in their next chapter, whether that is starting their first job, earning certifications, applying for university, or tackling a high school project.

Thank you for joining us on this adventure,

**JAMIE & OLLY**

# HOW WE EMPOWER

## 01.

### BECOME A LEADER

Through a combination of fun and unique adventures, workshops, training, and team building challenges, we aim to develop campers into capable leaders who feel empowered to tackle what comes next. We're all about developing skill through adventure.

- Plan an overnight camping trip.
- Work within a team.
- Learn to manage a small group.
- Set process-based and result-based goals.
- Develop a growth mindset.
- First aid training.

## 02.

### LEARN TO COACH

Campers partake in pathway-specific training with professional coaches, shaping them into knowledgeable assistant coaches before they put their newly acquired skills into practice alongside our Combo Camps coaches during a half day shadowing session.

- Plan a coaching session.
- Practice coaching your pathway sport.
- Receive feedback from the pros.
- Learn the sport safety best practices.
- Shadow a certified Combo Camps Coach.

## 03.

### DISCOVER THE OUTDOORS

We take outdoor adventure and add a twist of development to create leaders, in the outdoor industry and beyond. Campers will experience the best of Whistler: from the high alpine, to valley lakes, and dense hiking trails.

- Alpine Team Challenge.
- Explore wildlife and bear management on the Whistler Blackcomb mountain experience.
- Train with a certified mountain guide on an overnight hiking expedition.
- Team building activities & team events.
- Outdoor adventure training.

## 04.

### GET CERTIFIED

Pathway-specific certifications are offered by high end, experienced coaches, certified by the following bodies: Professional Mountain Bike Instructors' Association & Tennis Canada. The water sports certification is an important component of the experience, bringing a large safety focus.

- PMBIA Ride Leader.*
- Training from Tennis Canada Coaches.
- Training from PMBIA Coaches.
- Water sports certification.

*For campers ages 15 and up only. Campers under 15 are not eligible and will continue the preparation with a PMBIA Coach.



# PRICES & DATES

## 2027 DATES: THURSDAY JULY 29 TO SATURDAY AUGUST 7

Empower 2027 runs for 10 days, from July 29 to August 7. Places are limited and every application is reviewed.

Every camper chooses one pathway, Mountain Bike or Tennis. Paddle Sports is included for every camper, and English (ESL) is an optional add-on, depending on your English level.

### MOUNTAIN BIKE PATHWAY + PADDLE SPORTS

PMBIA coach training, the Ride Leader certification for campers 15 and up, a half day shadowing at Combo Camps' Bike Camp, and the Paddle Sports certification.

**Minimum level: intermediate.**

CAD **$5,900** + GST

### TENNIS PATHWAY + PADDLE SPORTS

Two full days with a Tennis Canada certified coach, a half day shadowing at Combo Camps' Tennis Camp, and the Paddle Sports certification.

**Minimum level: intermediate (3.0).**

CAD **$5,500** + GST

### INCLUDED

- **Meals & snacks** from dinner on arrival day to breakfast on departure day
- **Lodging** at the Whistler Athletes' Centre
- **Activities & programming** throughout the camp
- **Mountain bike or tennis** skill and coach training
- **Water sports** training and certification
- **Guest speakers**
- **Transportation within Whistler** on our private camp bus
- **Staff supervision** 24/7
- **Gondola sightseeing ticket**
- **Guided overnight hiking trip** including cooking equipment and tents
- **Empower Leadership Camp shirt**

### OPTIONAL ADD-ONS

- **Professional photo & video package** + $195
- **Mountain bike rental** including helmet and protective gear, + $300
- **Camping mattress & sleeping bag** + $65
- **Airport shuttle** between Vancouver (YVR) and Whistler, + $149 each way
- **Private room** on request, + $575 + GST
- **English as a Second Language** 10 hours, depending on your English level

# PAYMENT & OFFERS

## DEPOSIT

**$1,000** + GST

Due at registration.

## FINAL PAYMENT DUE BY

**APRIL 15, 2027**

## PAYMENT METHODS

- **Credit Card (2.5% fees):** Visa, Mastercard, American Express
- **Cheque** payable to “Combo Camps Whistler Ltd” and mailed to: 4500 Northlands Blvd, Whistler BC V8E 1C7
- **International Bank Transfers** ($25)

## SIBLINGS DISCOUNT

Register siblings and receive $350 off the additional child(ren)’s registration(s).

## SPECIAL LODGING REQUESTS

Local campers may opt out of lodging fees. If this applies to you, select the appropriate option at registration.

Based on availability, campers may request a private room by email at time of registration. There is an additional cost of $575 + GST.



## CANCELLATION POLICY

- **Cancellation on/before April 15, 2027:** Receive a full refund less a $275 administrative fee.
- **Cancellation after April 15, 2027 and on/before May 30, 2027:** Receive a 40% refund.
- **Cancellation after May 30, 2027:** No refunds.
- No refunds for late arrivals, early departures, discipline or illness.

Cancellation requests must be sent in writing to info@campempower.com.

# SAMPLE CAMP FORMAT

## 10 DAYS*

**01. ARRIVAL AT EMPOWER HQ**
Settle in at the Whistler Athletes' Centre, then a welcome event and team dinner.

**02. MASTER ORIENTATION**
Orientation, an escape room and ziplining, then a roller disco and BBQ dinner.

**03. PATHWAY DAY 1**
Training with your pathway coach, Mountain Bike or Tennis.

**04. PATHWAY DAY 2**
A second day with your pathway coach.

**05. COACH SHADOW & ALPINE ADVENTURE**
Shadow a Combo Camps coach, then the alpine team challenge and the Peak 2 Peak.

**06. WATER SPORTS CERTIFICATION**
The Paddle Sports certification, a session with a professional athlete nutritionist and a team cooking night.

**07. ADVENTURE TRAINING**
Adventure training, trip meal prep and Leave No Trace training.

**08. OVERNIGHT HIKE**
Depart for the overnight hike, guided by Mountain Skills Academy.

**09. RETURN TO CAMP**
Back from the hike, then tie dye your camp t-shirt.

**10. FINAL GOODBYES**
Packing and final goodbyes.

*Note that the schedule is flexible and may vary based on factors such as weather, campsite and coaches' availability.








# DAILY OVERVIEW

**7:30AM** — WAKE UP

**8AM** — BREAKFAST AT THE WHISTLER ATHLETES' CENTRE

**9AM** — MORNING BLOCK
(scheduled activities or training)

**12PM** — LUNCH BREAK*

**1PM** — AFTERNOON BLOCK
(scheduled activities or training)

**4PM** — AFTERNOON DEBRIEF OR WORKSHOP

**5PM** — DOWN TIME AT THE HQ

**6PM** — DINNER AT THE WHISTLER ATHLETES' CENTRE

**7PM** — EVENING BLOCK
(scheduled activities or training)

**9PM** — EVENING DOWN TIME

**10PM** — LIGHTS OUT

*Lunch is often enjoyed on-the-go in the format of packed lunches. Campers may have lunch at the Whistler Racket Club, near the bike trails, or at various parks near the Whistler lakes.

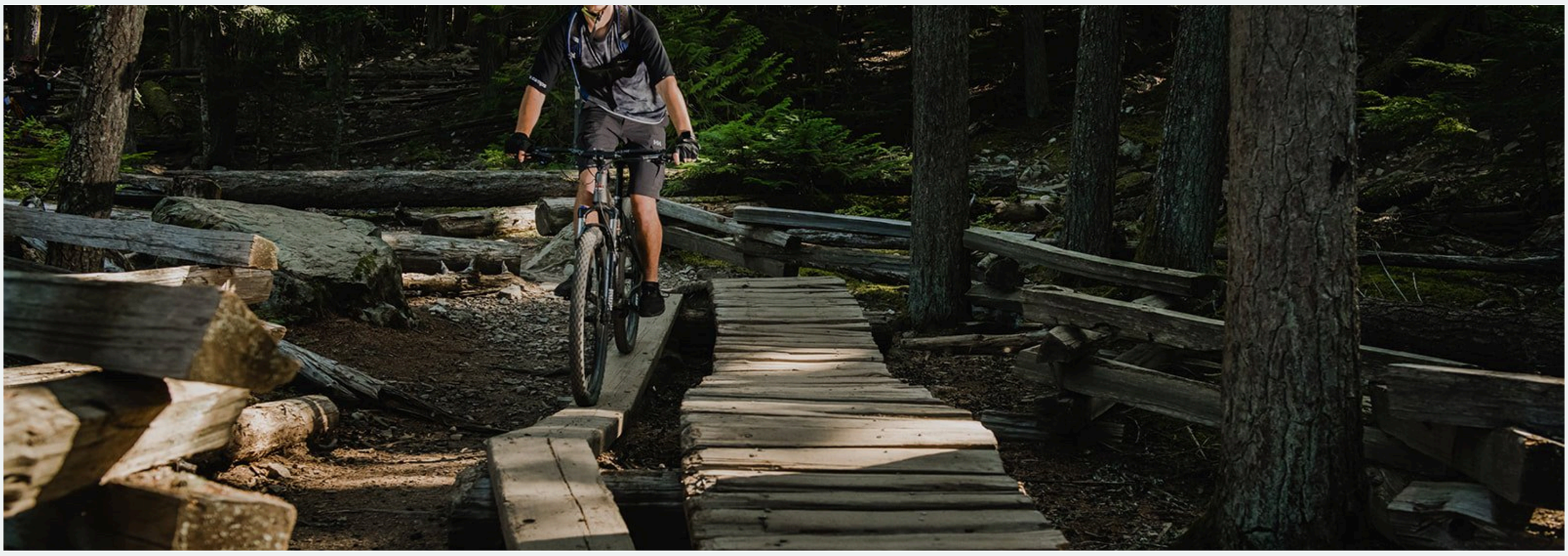




# APPLY & REGISTER

## WHY AN APPLICATION PROCESS

Empower Leadership Camp is about finding like-minded teenagers who are motivated to experience growth, connection, and skill development through a unique summer camp setting in Whistler, British Columbia. Places to participate in this special opportunity are limited, so we want to hear from you! Submit your application below to express your interest in being selected as a camper.



## HOW TO APPLY

You may apply by submitting a 500 word letter or a 2 minute video.

**Application requirements:**

1. Introduce yourself and where you are from.
2. Describe your experience relative to your chosen pathway (mountain biking or tennis). For example: how long have you been involved in the sport, where do you ride/play, why do you love that sport.
3. Tell us why you want to join Empower Leadership Camp.
4. Tell us which specific leadership skill you are hoping to gain from this experience.

## HOW TO REGISTER

Our team reviews each application. You can expect to hear back from us within 5 business days. Once you have been selected as an Empower Camper, you will receive a registration link for our camp. We can't wait to create empowering experiences for you!

Head to our website to submit your application.

APPLY NOW

WWW.CAMPEMPOWER.COM/APPLY-NOW

# CAMPER SAFETY



Camper safety is our top priority, and campers themselves will learn about duty of care, best class management habits, and safe teaching practices throughout their experience at Empower Leadership Camps.

## MEDICAL CENTRE

The Whistler Health Care Centre is located in the village and operates from 8am to 10pm. For urgent and emergency care between 10pm and 8am, an after-hours physician can be reached.

## EMERGENCIES

All training sessions and activities take place in or around Whistler, within cell phone coverage. The guided overnight hike takes place in the Sea to Sky Corridor, on known hiking paths between Pemberton and Vancouver.

## STAFF

Our Empower Staff is certified in First Aid and CPR. We operate with ratios of 8:1, with an on-call camp counsellor and director. Campers are supervised at all times by Empower Staff or Pathway Coaches.





# TRAVEL LOGISTICS

## ARRIVAL & DEPARTURE DAYS

### EMPOWER CAMP KICK-OFF

**THURSDAY JULY 29, 2027**

Afternoon, time to be announced.

### EMPOWER CAMP WRAP-UP

**SATURDAY AUGUST 7, 2027**

Morning, pick-up at 10am.

**If campers are arriving/leaving by air, transportation options include:**

- Organizing your own transportation to Whistler.
- Book our Airport Shuttle add-on.

**If campers are arriving/leaving by car:**

- Meet our crew at the Whistler Athletes' Village at the scheduled check-in time.
- Parents/Guardians should plan to pick-up their camper at 10am at the Whistler Athletes' Village.

For late arrivals or early departures, please email us to discuss logistics.

## AIRPORT TRANSFERS $149 EACH WAY

We recommend booking our Airport Shuttle so campers can get to know each other & our Empower Staff from the moment they step foot at the airport. This shared travel experience will help campers form connections right away. The experience starts now!

To take advantage of this add-on, select "Airport Shuttle" at registration. You will be asked to provide a flight itinerary. Empower Staff will individually reach out to campers to organize transportation.

- **Flying IN to YVR on July 29?** Campers will be greeted and supervised by Empower Staff from 8am until their scheduled shuttle.
- **Flying OUT of YVR on August 7?** Campers will be driven to the airport, receive assistance to check-in, and be walked to the security gate.

## FLYING ALONE

Airlines have their own rules for young people flying without an adult, so if your child is travelling alone, we recommend booking the airline's unaccompanied minor service. Flying with Air Canada? See Air Canada's unaccompanied minor service.

## TRAVEL INSURANCE

**Trip Cancellation/Interruption Insurance:** strongly recommended.
**Emergency Medical Insurance:** **mandatory** for international campers.

When selecting a policy, ensure it includes coverage for overnight summer camp programs, and outdoor activities such as mountain biking, zip lining, camping, and hiking.

- International Campers must submit proof of policy.
- Canadian Campers must submit a copy of their provincial health care coverage card.

Unforeseen medical expenses can be expensive without the required coverage. Ensure to purchase your policy at the time of registration.

## VISA & TRAVEL DOCUMENTS

**Children under the age of 18 must travel with the following documents:**

- Their own Passport
- A copy of their Birth Certificate
- A Letter of Authorization signed by both parents or legal guardians

Click here for the Letter of Authorization's requirements.
Click here to find out whether your child needs a Visitor Visa to enter Canada.

You are responsible for ensuring your child has the proper travel documents.

# OUR POLICIES

## ELECTRONICS

For the purpose of connection, Empower Leadership Camps is a phone-free and tablet-free environment during activities and sessions. Specific times are built in each day's schedule for campers to use their phones/tablets:

- Before breakfast (around 7am-8am Pacific time)
- Before dinner (around 5pm-6pm Pacific time)

Campers will not have access to their phones/tablets during sessions, activities, or overnight.

## COMMUNICATION

**How to reach your camper**

We understand that you may want to contact your camper while they are at Empower Leadership Camps. The best times to reach them are during the scheduled Phone & Tablet times.

**How to reach our staff**

Should you need to contact Empower Leadership Camps:

- Non-urgent matters | email us
- Urgent matters | call us*

*Phone line monitored between 8am-6pm. Refrain from calling between 6pm-8am unless it is for very time sensitive matters.

## CANCELLATION

- **Cancellations on or before April 15, 2027:** receive a full refund less a $275 administrative fee.
- **Cancellations after April 15, 2027 & on or before May 30, 2027:** receive a 40% refund.
- **Cancellations after May 30, 2027:** no refunds.

Note that Empower Leadership Camp will not offer refunds for late arrivals, early departures, disciplinary or illness reasons. Cancellation requests must be sent in writing to info@campempower.com.

## BEHAVIOUR

All Empower Leadership Campers agree to follow the behaviour guidelines and accept full responsibility for their actions.

As a member of Empower Leadership Camps, campers accept to respect themselves & others. Campers are expected to know their limits and be willing to challenge themselves. Campers must remain respectful and encouraging toward one another and toward coaches/directors. Use of drugs and alcohol is fully prohibited.

For serious breach of our behaviour expectations, parents will be contacted and campers may be removed from camp early.

## FREE TIME

We guarantee camper supervision at all times. Campers will have scheduled blocks of supervised free time, where they may remain in their rooms or in shared spaces within the Whistler Athletes' Centre. Campers will not be allowed to leave the premises unsupervised, for instance to visit friends or shop in the village.

If a friend or family member would like to spend time with a camper during camp, our staff must receive written notice by email from the parents/guardians.

## ALLOWANCE

Although an allowance isn't necessary, we recommend each camper bring approximately $100 CAD.

Campers may have the opportunity to purchase souvenirs in the village, or purchase snacks if the schedule allows.

# THE LODGING



## LODGING

Empower Leadership Camp's HQ is located at the Whistler Athletes' Centre, where Olympians stayed! Campers will sleep & eat most meals at this location, and will remain supervised overnight by our counsellors who sleep in the building.

**1080 Legacy Way, Whistler BC V8E 0K3**

## ROOM CONFIGURATION

All rooms are double-occupancy. Campers of the same gender and similar ages are paired as roommates for the duration of the camp.

## UPGRADES & REQUESTS

If you are attending Empower Leadership Camps with a friend or sibling of the same gender, you can request to be roommates by email.

You may inquire about single occupancy rooms by email.



# THE MEALS

All meals are included between camp Kick-Off and Wrap-Up. More specifically, dinner on the first day until breakfast on the last day, inclusively.



## BREAKFAST & DINNER

Breakfast and dinners will be enjoyed at the Whistler Athletes' Centre kitchen. Our goal is to offer nutrient-dense, delicious meals that fuel campers for their daily adventures.

Some exceptions apply for special off-site dinners and the overnight hike.



## LUNCH ON THE GO

Each morning, campers will assemble their own packed lunch from a variety of ingredients made available to them.

For example: sandwich, fruit and vegetables, power bars, yogurt, nut mix.



## DIETARY RESTRICTIONS & ALLERGIES

The Whistler Athletes' Centre in-house catering team will work around your dietary restrictions and/or allergies.

If this applies to you, indicate your dietary restrictions and/or allergies clearly on the appropriate registration forms. We encourage campers with anaphylaxis allergies to email us with more details.

**If you have anaphylaxis allergies, you must bring 2 EpiPens.**

# PACKING LIST

All camper items should be labelled with durable label stickers or permanent markers.
Campers are permitted up to 2 bags. Duffle bags or soft, foldable luggage are ideal (avoid rigid suitcases).

## CLOTHING & GEAR

- Comfortable Everyday Clothing*
- Warm Base Layers (top & bottom)
- Warm Sweater (no cotton)
- Warm Pants (no cotton)
- Hiking Socks - 4 (ideally merino)
- Puffy Jacket
- Rain Jacket & Pants
- Bathing Suit - 2
- Sleepwear
- Tuque
- Small Gloves
- Baseball Cap or Sun Hat
- Shoes - Hiking & Running Shoes
- Sandals - Waterproof with strap, Crocs, Water Shoes
- Headlamp - with spare batteries
- Toiletries**
- Beach Towel - 2
- Water Bottle - at least 1L
- Sunscreen & Bug Spray
- Day Pack - 15-20L

*Summer in Whistler is generally warm, but it can get chilly in the evenings or at high altitude. Opt for clothing that is moisture-wicking, comfortable, and that you can layer easily.

**Campers should pack a non-electric toothbrush for the overnight camping trip.

## EQUIPMENT

**All sports equipment is provided, except mountain bikes.**

- Sleeping Bag*
- Sleeping Mat*
- Hiking Backpack - 30-50L
- Pathway Equipment for Mountain Bike: bike, clothing, footwear, protective equipment, helmet, glasses, hip pack or back pack (or add the mountain bike rental at registration)
- Pathway Equipment for Tennis: court shoes and clothing; borrow a racquet from the Whistler Racket Club or bring your own

*If you do not have your own, you may purchase the Sleeping Bag & Sleeping Mat add-on at registration.

## OPTIONAL

- Music Instrument (portable, ie. guitar)
- Headphones
- Books or eReader
- Games or Deck of Cards

## LAUNDRY

Empower Leadership Camps pack a whole lot in 10 days, and no camper wants to spend their free time doing laundry. We recommend packing enough clothing for the entire camp.

Complimentary laundry facilities are available at the Whistler Athletes' Centre should campers need to do a load of laundry. Soap is available for purchase at the front desk.

DOWNLOAD YOUR

# PACKING LIST

OPEN THE PACKING LIST

WWW.CAMPEMPOWER.COM/PREPARE-FOR-CAMP/PACKING-LIST

# CONTACT US

## +1 (778) 793-9199

While camp is in operation, staff will be reachable by email for non-urgent matters. Our phone line is monitored between 8am-6pm. Refrain from calling between 6pm-8am unless it is for time sensitive and/or urgent matters.

## INFO@CAMPEMPOWER.COM

## 4500 NORTHLANDS BLVD, WHISTLER V8E 1C7

Our camp's office is located in Whistler Village. Letters or packages can be mailed to this address.

## 1080 LEGACY WAY, WHISTLER V8E 0K3

Campers and staff will be lodging in the beautiful and modern neighbourhood of Cheakamus at the Whistler Athletes' Centre. Please do not mail items to this location.







# FIND US

## WHISTLER, CANADA

Camp Empower runs out of Whistler, a breathtaking resort town on the West Coast of British Columbia (Canada) that happens to be the mecca of anything outdoors.

Whistler is 1.5 hours north of Vancouver and was host of the 2010 Winter Olympic Games.